



# Trec Lincolnshire

## Unmounted TREC Training

### Sunday 17th July 2022 at 2pm

to be held at  
**Toynton All Saints**

*Get ready for this summer's Trec competitions &  
become more familiar with your map!*

*Learn to read a map for Trec – suitable for complete beginners*

This training will have a fully practical basis, with a guided walk around the footpaths of Toynton. The group size will be very small to allow everyone to participate and everything will be explained as we go along including: path finding, speed, ways to check your route including basic compass work, what to do if you get lost. There will be plenty of time for any trec related questions – anything from what to expect in the map room to counting strides & MA and PTV queries if you wish. The route will be approximately 5-6km

This is unmounted training, so you don't need to worry about your horse. Please wear suitable clothing for a walk outdoors & bring a compass (don't worry if you don't have one).

Don't forget to bring a drink

**Entries close 13th July and will be limited – please enter early!**  
**(If full, additional sessions may be arranged)**

**Enquiries:** Caroline Forrester 07871150192 or Sarah Kelsey on 07818 080046  
or email [caroline@trelincolnshire.co.uk](mailto:caroline@trelincolnshire.co.uk)

**Entry fees are subsidised :**  
**Trec Lincolnshire members £7.50**  
**Non-members £12.50**

Please complete the [entry form](#)

**If paying by Bank Transfer:-**

The bank transfer should be made to Trec Lincolnshire at bank reference 51-81-10 account number 84167823 quoting the Reference T7

**HEALTH AND SAFETY**

The event manager/organiser has taken all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.